



## Support Our Work

### ■ Donate

- online using credit card
- by check
- by setting up a recurring automatic transfer of funds
- gifts of stocks, mutual funds, bonds and other securities

### ■ Make a planned gift

of annuities, charitable trusts or bequests

### ■ Ask your employer

if they match employee contributions or have a workplace giving program

### ■ Contribute

your tax deductible gently used items to the Rummage Closet Resale Shop which benefits the Center

### ■ Volunteer

for Vera French Foundation

To learn more about giving opportunities, visit our website

[www.verafrenchmhc.org](http://www.verafrenchmhc.org)

or call the Vera French Foundation at

**563-888-6257**



## VERA FRENCH

Quality, Accessible, and Comprehensive Mental Health Care

1441 West Central Park Avenue

Davenport, Iowa 52804

563-383-1900

[www.verafrenchmhc.org](http://www.verafrenchmhc.org)

Vera French Community Mental Health Center is a not-for-profit, 501(c)(3) organization and is accredited by the State of Iowa Division of Mental Health/Developmental Disabilities Services.

The Center is supported in part by private donations, the fundraising efforts of the Vera French Foundation, Scott County and a variety of insurance carriers including Medicaid and Medicare.

To protect their privacy, no actual clients are pictured.



## Our Mission. Our Work.



## VERA FRENCH

Quality, Accessible, and Comprehensive Mental Health Care

## Our Work

*Committed to enhancing the mental health of all in our community by providing quality, accessible, and comprehensive care, Vera French is the community resource for mental health in the Quad Cities.*

*Specializing in psychiatric and behavioral health programs for people of all ages, Vera French is now helping over 10,000 adults and children each year through a variety of programs at numerous community locations. We also provide additional outreach services in private homes, homeless shelters, nursing homes and the criminal justice system.*



## Our Mission

Vera French Community Mental Health Center will enhance the mental health of all in our community by providing quality, accessible, and comprehensive care.

Vera French Foundation was created to raise funds and community awareness to support the mission of the Vera French Community Mental Health Center.

Vera French Housing Corporation provides affordable housing options for persons with persistent mental illness using support services from Vera French Community Mental Health Center.



## Children in Need

- Vera French provides access to comprehensive mental health care in Scott County elementary schools for children experiencing mental health challenges including: depression, anxiety, trauma/grief, abuse, ADD-ADHD, family problems and severe emotional/behavioral problems.
- Children are being quickly identified, evaluated and treated at the elementary school level in the comfort and familiarity of their school surroundings or in their own home for problems which would likely become more severe as they get older.
- The school-based model benefits all children, families, teachers and administrators as it provides a constructive, safe and effective avenue to assist children facing mental health challenges while limiting disruption to the school community.
- The Center also provides comprehensive mental health care services for children and adolescents at Vera French Community Mental Health Center and Vera French Terrace Ridge.

## Individuals with Persistent Mental Illness

- Vera French Community Mental Health Center regularly monitors hundreds of individuals with severe and persistent mental illness through community-based programs helping them to achieve an optimal level of independence.
- The Center's programs provide assistance with accessing appropriate treatment, housing, referrals to community resources, teaching basic living skills, medication and money management, socialization skills, crisis intervention, and finding and maintaining employment if appropriate.
- Vera French Pine Knoll Residential Programs provide multilevel residential treatment for adults with severe and persistent mental illness. These programs incorporate structured therapeutic living situations and individualized treatment plans to help people reach the highest level of achievement possible while improving their quality of life.



## Adults in Crisis

- Mental Illness is an equal opportunity medical disease that affects one in four adults in any given year. It does not discriminate. Vera French helps adults facing mental health challenges including: stress, anxiety, eating disorders, Post-Traumatic Stress Disorder (PTSD), suicide and depression, etc.
- The Center provides emergency services, group and individual therapy, psychiatric services, and teaches effective coping skills through outpatient counseling to help adults gain stability and continue to be productive members of our community.